

To All Members/Guests

This is to inform all the members that our Bi-Monthly talk will be held on Thursday 10<sup>th</sup> August, 2017 at Samrat Restaurant, Churchgate, Mumbai 400020. You are requested to be present.

The programme is as follows:

Managing Council Meeting: 5.15 p.m. (Only for Committee Members)

Monthly Talk:

Speaker: Mr.Ashish Kaushik.

Topic : " Vegetarian Marathon Runners"

Time: 6.00 p.m.

Venue: Samrat Restaurant, Churchgate, Mumbai.

Followed by Contributory Dinner.

Members/Members Spouse/Guests: Rs. 250 /= per head.

For The Vegetarian Society (Reverence for Life)

Anjan Lalaji

Hon. Jt. Gen. Secretary